



## **Personal, Social, Health, Economic (PSHE) & Citizenship Education Policy**

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This Policy was produced by Rachel Wood (PSHE/SMSC Lead) in consultation with the Head Teacher, Parents & Governors of Colwall C of E Primary School including the Primary Lecturer in PSHE and RSE, Year 2 UG Cohort Lead, SENDi and Diversity Lead; Victoria Pugh at the University of Worcester.

*Our school is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.*

*'Loving, Learning and Living Life in all its Fullness'*

### **1. Our Vision and Aims**

Our vision is to be a vibrant school full of great love and great learning which we see as built on Christian values. Our expectations are high and we reward and celebrate individuality, creativity and independence. Our aim is to create a happy, safe and supportive environment where every child thrives. As part of this vision, we aim to deliver a high-quality, all-inclusive Personal, Social, Health & Economic (PSHE) & Citizenship Education Scheme which will ensure that each and every one of our children achieve their full potential and leave our school prepared for the demands of society in their future.

## **2. What is PSHE & Citizenship Education?**

Personal, Social, Health and Economic (PSHE) Education is a school curriculum subject in England which focusses on developing the knowledge, skills and attributes to keep children and young people healthy and safe and to prepare them for life and work.

PSHE education is non-statutory subject but it is defined by the schools' inspectorate Ofsted as a planned programme to help children and young people develop fully as individuals and as members of families and social and economic communities. Its goal is to equip young people with the knowledge, understanding, attitudes and practical skills to live healthily, safely, productively and responsibly. It is therefore an important and necessary part of all pupils' education. The government says that all schools should teach PSHE, drawing on good practice, and this expectation is outlined in the new national curriculum.

'Citizenship' is also a non-statutory subject and schools are not required to follow it. However, it is included by the government so that schools can plan a whole curriculum effectively which aims to: develop confidence and responsibility and allow children to make the most of their abilities; prepare children to play an active role as citizens; develop a healthy, safer lifestyle; & develop good relationships and respect the differences between people.

Our tailor-made '**PSHE & Citizenship Education**' Curriculum has been designed to develop the qualities and attributes our children need to be healthy, independent and active participants in society. Our whole-school scheme of work includes units on British Values, Global Citizenship, Personal Safety, Health, Relationships Education, Mental Wellbeing and more, supporting Colwall C of E Primary School to deliver Spiritual, Multi-cultural, Social and Cultural (SMSC) provision.

All Colwall C of E Primary School's PSHE & Citizenship planning and resources are fully in line with the PSHE Association Programme of Study and meet the 2019 Draft Guidance for Statutory Relationships, Financial and Health Education including drug education and the importance of physical activity and diet for a healthy lifestyle.

## **3. The importance of celebrating diversity within 'PSHE & Citizenship'**

We strive to promote **equality** through all aspects of our PSHE & Citizenship teaching. As such, our curriculum promotes **tolerance and acceptance**.

Just as we encourage Colwall C of E Primary School children to celebrate their many different talents, strengths and aspirations, we also aim to promote the celebration of diversity among cultures, traditions and religions. As an extension of this, pupils are taught about diversity among family structures and relationships, in line with British Values (see 'The Equality Act – 2010'; 'The Marriage Act-2013'). This ensures that every one of our pupils has the chance to develop the self-esteem and confidence they deserve in order to grow into understanding, accepting and respectful adults. Ofsted also fully support the notion that children should be taught about different families and relationships that typify growing up in modern Britain. We use a variety of teaching materials and resources to try to fulfil this and which Parents and Carers are welcome to request to view.

## **4. PSHE & Citizenship- An Inclusive Curriculum**

At Colwall C of E Primary School we believe that if each child feels content, secure and supported, they will thrive. As part of this belief, we aim to deliver a high-quality, all-inclusive Personal, Social, Health, Economic (PSHE) & Citizenship Education Scheme in which every child feels safe and happy. This should ensure that each and every one of our children



– regardless of their ability or background - achieves their full potential and leaves our school prepared for the demands of society in their future. Through all aspects of our PSHE & Citizenship teaching, we plan for differentiation, taking into account the needs of each of our pupils.

#### **5. Who delivers the PSHE & Citizenship Curriculum?**

Our PSHE & Citizenship lessons are taught by Teaching staff who are trained in delivering the specific content of the lessons. Clear parameters will be established in class and special consideration will always be given when teaching particularly sensitive material. Staff will be fully aware of the children in their class and how they might relate to the lesson content. Teachers make PSHE & Citizenship Education lessons interesting, fun and engaging through a variety of teaching methods and interactive activities. Some of these include: role-play; use of learning partners/ small group work; whole class teaching; enquiry tasks; research activities; independent learning and discussion groups; use of appropriate film clips, books and websites; matching games; problem-solving and challenge activities. Teachers know their children best and as such they ensure that the delivery of the lessons are appropriate for children's ages and development stage. They are always sensitive to the needs and religious backgrounds of the children in our school.

#### **6. Confidentiality & Safeguarding – Keeping Children Safe**

At Colwall C of E Primary School, we aim to foster and maintain a safe environment within which all pupils feel able to ask questions and discuss issues openly (although no pupil or teacher will have to answer personal questions or forced to take part in discussions.) For any child wishing to discuss something confidential relating to content of the lesson, an opportunity will be given.

Key Stage 1 and 2 classes make available a 'Worry Box' which gives children the option of drawing or writing down any questions or points for discussion anonymously. Teachers will sensitively respond to any queries in front of the whole class. Alternatively, if a child would like a private discussion with an adult they trust, they can indicate their worry or initial a 'sad face' and place it in their class worry box. These boxes are emptied daily, and feedback given thoughtfully by their class teacher. Any issues arising are dealt with swiftly and sensitively in line with the school's policy for Safeguarding and Child Protection.

In lessons, distancing techniques are employed so that children can discuss fictional characters and scenarios, rather than discuss their own lives and experiences.

In line with the school's Policy for Safeguarding and Child Protection, Colwall C of E Primary School is committed to safeguarding and promoting the welfare (both physical and emotional) of every pupil both inside and outside of the school premises. We implement a whole-school preventative approach to managing safeguarding concerns, ensuring that the wellbeing of pupils is at the forefront of all action taken.

In addition, Colwall C of E Primary School staff have received training on the new statutory guidance; 'Keeping Children Safe in Education,' which comes into force in September 2019 and which details fresh guidance for 'Teaching online Safety in school'.

All Staff will exercise their professional judgement in order to keep their pupils safe. Ground rules are agreed within Relationships Education for each class. This ensures a safe environment for group discussion and exploring delicate topics. Information given, and the views expressed by the pupils, will be treated in confidence where possible. However, pupils will be informed that 100% confidentiality cannot be assured. If any child makes a disclosure of a safeguarding issue - as with all such instances - the teacher will inform the Designated Safeguarding Lead (DSL) in accordance with Colwall C of E Primary School's policy on Safeguarding and Child Protection.

### **7. Assessment, Monitoring & Reporting**

Pupil progression of knowledge and skills in PSHE are monitored with a RAG (Red/Amber/Green) rating system over the course of each unit. This allows staff to gather information which they can use to support and extend pupils in particular areas and inform future planning.

The subject leader receives training and has regular updates from the PSHE Association which helps to inform effective training and professional development for the staff which happens regularly throughout the academic year. Monitoring of attainment and progress is achieved through book looks, pupil interviews, 'Pupil Voice' Questionnaires, liaison with teaching staff and evaluation of learning and communal environments. In addition, ongoing meetings with the Head Teacher, Senior Leadership Team, SEN Subject Lead and Governors responsible for Mental Health and Wellbeing all ensure we are conscious of and sensitive to the everchanging circumstances of the children in our care, so that we can provide bespoke provision to best meet each and every child's ever-changing needs.

Staff who deliver the PSHE & Citizenship Curriculum critically reflect on their teaching in light of topical issues and current affairs, and best practice is shared at PSHE review staff meetings and training sessions that meet the needs of the children and the ever changing world in which we live.

Self- assessment is a vital part of learning in PSHE & Citizenship Education.

At Colwall C of E Primary School we believe that self-assessment increases pupils' motivation and improves learning. As they become more aware of their development, children become increasingly mindful of the value of their learning.

They will also be able to judge whether they feel more confident or have a firmer sense of their own beliefs and opinions than they did before a particular series of lessons. Such personal reflection in PSHE education lessons is essential, so ensuring our pupils have time and space within the lessons to reflect on this, either privately or through discussion, is a vital part of the assessment process. Assessing learning in PSHE education at Colwall C of E Primary School is therefore a combination of teacher assessment and pupil self- and peer assessment. This valuable life skill is reinforced and embedded across the curriculum.



Pupil voice is also a key feature of our learning at Colwall. We encourage our children to express opinions on how and where they would like their learning to progress, and we take these into account when planning and teaching units from the curriculum. Their comments also help us to assess and monitor their progress. Listening and responding to the views of our pupils ensures that our policy and curriculum is responsive and meet the needs of all our learners from day to day and year to year.

A child's learning and progress in relation to aspects of the wider PSHE & Citizenship Curriculum is informally reported to parents and carers at progress meetings each term. It is reported more formally in their end of year school report. Any issues that arise throughout the year are communicated to parents as and when necessary and meetings are arranged to facilitate support for both parents/carers and those children affected. Further ongoing support is provided in school and progress monitored. Possible intervention can be sought and provided by outside agencies if deemed necessary under the instruction of the SEN coordinator.

### **8. Subject Content**

During Key Stages 1 and 2, PSHE & Citizenship Education offers both explicit and implicit learning opportunities and experiences which reflect pupils' increasing independence and physical and social awareness as they move through the primary phase. It builds on the skills that pupils started to acquire during the Early Years Foundation stage (EYFS) to develop effective relationships, assume greater personal responsibility and manage personal safety, including online. PSHE & Citizenship Education helps pupils to cope with the changes at puberty, introduces them to a wider world and enables them to make an active contribution to their communities.

Our PSHE & Citizenship Education programme of study covers Reception, Key Stages 1 & 2 and is based on three core themes within which there is broad overlap and flexibility: Core theme 1 - Health and Wellbeing; Core theme 2 – Relationships; Core theme 3 - Living in the Wider World.

#### **Core theme 1 - Health and Wellbeing**

This core theme focuses on:

1. What is meant by a healthy lifestyle
2. How to maintain physical, mental and emotional health and wellbeing
3. How to manage risks to physical and emotional health and wellbeing
4. Ways of keeping physically and emotionally safe
5. About managing change, including puberty, transition and loss
6. How to make informed choices about health and wellbeing and to recognise sources of help with this
7. How to respond in an emergency
8. To identify different influences on health and wellbeing

#### **Core theme 2 – Relationships**

This core theme focuses on:

1. How to develop and maintain a variety of healthy relationships, within a range of social/cultural contexts

2. How to recognise and manage emotions within a range of relationships
3. How to recognise risky or negative relationships including all forms of bullying and abuse (including introducing the idea of 'consent')
4. How to respond to risky or negative relationships and ask for help
5. How to respect equality and diversity in relationships

### **Core theme 3 - Living in the Wider World**

*(ECONOMIC WELLBEING AND BEING A RESPONSIBLE CITIZEN)*

This core theme focuses on:

1. Respect for self and others and the importance of responsible behaviours and actions
2. Rights and responsibilities as members of families, other groups and ultimately as citizens
3. Different groups and communities
4. Respecting diversity and equality and how to be a productive member of a diverse community
5. The importance of respecting and protecting the environment
6. Where money comes from, keeping it safe and the importance of managing it effectively
7. The part that money plays in people's lives
8. A basic understanding of enterprise

### **9. Parent & Carer Partnerships**

At Colwall C of E Primary School we endeavour to have a strong partnership with parents and carers.

We understand that PSHE & Citizenship Education develops the qualities and attributes pupils need to thrive as individuals, family members and members of society. We fully comprehend that as their parents and carers, you have a fundamental role in working with us to equip your children to live healthy, safe, productive, capable, responsible and balanced lives.

Through our dual approach, we aim to: encourage our children to be enterprising and support them in making effective transitions; make positive learning and career choices in order that they can achieve economic wellbeing; develop their understanding of themselves; empathise with others to form and maintain good relationships; develop the essential skills for future employability and be better able to enjoy and manage their lives as they grow both now and in the future.

If any parent or carer has any queries or concerns about the subject content or delivery of any aspect of PSHE & Citizenship Education, then they should ask to speak to the PSHE Lead or a senior member of staff who will be able to provide more specific information on curriculum and resources that are used to teach this strand of the Curriculum.

### **10. Right to Withdraw**

From September 2020, \*Relationships Education (Core theme 2) will be statutory for all children, in all primary schools. This means that parents and carers cannot withdraw their child from these lessons. However, they will be able to request that their child is withdrawn from some *specific* lessons about 'Sex Education' taught as part of 'Relationships Education or RSE'. Please remember that a parent or carer cannot withdraw their child from the statutory science curriculum which includes content on human development including human reproduction.



You can view Colwall C of E Primary School's progressive and developmental PSHE & Citizenship Curriculum on our website to see how it has been carefully considered to build on the children's prior learning. Our scheme of work is engaging, inclusive and always age-appropriate. It has been planned with the utmost care to incorporate certain elements of Sex Education which compliment your child's Relationship Education.

As part of our 'Relationships Education' Scheme of work, there are five sessions which are non-statutory and which you have a right to request your child is withdrawn from. Your child will then receive appropriate, purposeful alternative education. You are very welcome to speak to the Head Teacher and PSHE about which specific sessions these are and their precise content in order to alleviate any worries you may have. We are confident that you will then appreciate how these stage-appropriate lessons fit in to your child's relationship education in a purposeful and meaningful way.

### **11. Relationship Education – Where to find more information**

Our inclusive 'Relationships Education' curriculum supports the objectives set out by the PSHE Association which meet the statutory requirements for Key Stage 1 and 2 from September 2020. It forms a core part of our comprehensive 'Personal, Social, Health, Economic (PSHE) & Citizenship' Education curriculum. How 'Relationships' Education fits into the wider PSHE & Citizenship Scheme of Work can be viewed online on our school website. *'Relationships Education' is sometimes referred to as 'RSE' (Relationships and Sex Education).*

***Personal, Social, Health, Economic (PSHE) & Citizenship Education Curriculum - Colwall C of E Primary School Planning Year R - 6***

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This policy was ratified by the Quality of Education Committee on 15<sup>th</sup> June 2022

Headteacher 

Date: 28/11/22

On behalf of the governors 

Date: 28/11/22

Date of next review: March 2023